

CENTRAL ADIRONDACK FAMILY FUN CHALLENGE

1. Lock and Dam

A 2-mile hike through beautiful woods leading to Lock and Dam, a spillway with a small beach. A longer hike for the whole family!

2. Bald Mountain (Rondaxe Fire Tower)

A 1-mile hike with a rewarding view from the fire tower. Enjoy panoramic vistas of the Fulton Chain of Lakes and the surrounding wilderness. A family favorite!

3. Rocky Mountain

A short 0.5-mile trail offering stunning views of the Fulton Chain of Lakes. Ideal for families seeking a quick adventure with a big payoff.

4. Maple Ridge/McCauley Trails

Explore a network of trails suitable for hiking and mountain biking. Maps are available at the Visitor Information Center.

5. Nick's Lake Loop

A 6.2-mile loop trail around Nick's Lake, perfect for hiking, biking, or cross-country skiing. Enjoy serene lake views and forest scenery.

6. Moss Lake

A 2.5-mile lake loop around a pristine Adirondack Lake. This is an easy hike, with a spot of historic interest and a small beach .1-mile down the loop.

7. Black Bear Mountain

Choose between a 3.8-mile round trip or a 6.3-mile loop. The summit offers expansive views of the Fulton Chain of Lakes and the High Peaks.

8. Vista Trail Loop

A 5.6-mile loop offering scenic outlooks, a quiet mountain pond, off of the Sis and Bubb Trail. A challenging hike with rewarding views.

9. Middle Settlement Lake

A 6.4-mile trail leading to a remote lake and lean-to, surrounded by mature forests. A peaceful retreat into nature.

10. Cascade Lake and Falls

A 6-mile loop featuring a beautiful lake and a 40-foot waterfall. Explore remnants of an old girls camp along the way.

11. TOBIE Trail

Hike or bike the famous Thendara, Old Forge, Big Moose, Inlet, Eagle Bay Trail! If you want to go there this trail will probably take you! This portion is the Thendara to Old Forge, a well-paved easy 2-miles one way.

12. TOBIE Trail

Hike or bike the famous Thendara, Old Forge, Big Moose, Inlet, Eagle Bay Trail! If you want to go there this trail will probably take you! This portion is from Old Forge to Rondaxe Road, a moderate difficulty hike, 4-miles one way.

13. TOBIE Trail

Hike or bike the famous Thendara, Old Forge, Big Moose, Inlet, Eagle Bay Trail! If you want to go there this trail will probably take you! This portion is from Rondaxe Road to the Eagle Bay Information Center, a well-marked 5-miles one way.

14. Moose River (Rondaxe Bridge to North Street Bridge)

A 4-hour paddle downstream with beachy areas for picnics. Requires two vehicles for shuttle.

15. Moose River (North Street Bridge to Old Forge-Green Bridge)

A 4-hour paddle with one short carry around some rapids. Requires two vehicles for shuttle.

16. Paddle from Old Forge Pond to 4th Lake (Arrowhead Beach)

A 10-mile paddle through all four lakes. Requires a shuttle at both ends. Part of the historic "90-Miler" route.

FOR MORE INFORMATION PLEASE CLICK THE LINKS BELOW:

[HIKING MAP](#)

[PADDLING MAP](#)

[MCCAULEY BIKING MAP](#)