

# Central Adirondack Summer Family Challenge

Complete 10 of the 16 between April 1 and September 15<sup>th</sup> (concludes due to hunting season)

**Hike or Paddle Lock & Dam-** Easy. Green Bridge Road, Thendara. Hike is 2 miles. Hike or Paddle

**Bald Mountain-** Moderate Hike. 2 miles round trip.

**Rocky Mountain-** Easier to Moderate Hike. 1 mile round trip.

**Nick's Lake-** Moderate Hike. 6.2 mile loop.

**Moss Lake-** Moderately easy Hike. 2.5 mile loop.

**Black Bear Mountain-** Moderate to Difficult Hike. 4.5-6.3 miles; depending on trail selected.

**Vista Trail-** Advanced Hike. 5.6 miles.



**Middle Settlement-** Moderate Hike. 6.4 miles round trip.

**Cascade Lake & Falls-** Moderate Hike. 6 miles round trip.

**Hike or Bike Maple Ridge/McCauley trails-** Easier to Advanced; depending on the trail selected.

**Hike or Bike TOBIE Trail (Thendara-Old Forge Pond)-** Easy route. 2.5 miles one way.

**Hike or Bike TOBIE Trail (Old Forge Pond-Rondaxe Road)-** Easy route. 6 miles one way.

**Hike or Bike TOBIE Trail (Rondaxe Road-Eagle Bay Information & Rest Area)-** Easy route. 10 miles one way.

**Paddle the Moose River-Rondaxe Road to North Street Bridge-** Easy, pleasant. Approximately 4 hours one way.

**Paddle the Moose River-** North St Bridge to Old Forge  
Approximately 4 hours one way. One short carry.

**Paddle the Fulton Chain of Lakes:** Old Forge and Inlet. Moderate—More Difficult. 10 miles one way.



## Central Adirondack Summer Family Challenge:

Your Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Your Address: \_\_\_\_\_

Your Email: \_\_\_\_\_

The challenge begins April 1<sup>st</sup>. You must complete 10 of the 16 to qualify for the patch. **BONUS!** If you already hiked Bald, Rocky or Black Bear Mountains, they can be included in your total. You do not have to hike them again.

You can find more information about this challenge and each hike on [www.OldForgeNY.com](http://www.OldForgeNY.com).

1. Hike or Paddle Lock & Dam- Easier. Green Bridge Road, Thendara. Hike is 2 miles.  
Date completed: \_\_\_\_\_  Hike  Paddle
2. Bald Mountain- Intermediate Hike. 2 miles. Date completed: \_\_\_\_\_
3. Rocky Mountain- Easier to intermediate Hike. 1 mile. Date completed: \_\_\_\_\_
4. Hike or Bike Maple Ridge/McCauley trails- Easier to Intermediate; depending on which trail you take. Date completed: \_\_\_\_\_  Hike  Bike
5. Nick's Lake- Moderate Hike. 6.2 mile loop. Date completed: \_\_\_\_\_
6. Moss Lake- Moderately easier Hike. 2.5 mile loop. Date completed: \_\_\_\_\_
7. Black Bear Mountain- Moderate to very difficult Hike. 4.5-6.3 miles; depending on which trail you take. Date completed: \_\_\_\_\_
8. Vista Trail- Difficult Hike. 5.6 miles. Date completed: \_\_\_\_\_
9. Middle Settlement- Moderate Hike. 6.4 miles. Date completed: \_\_\_\_\_
10. Cascade Lake & Falls- Moderate Hike. 6 miles. Date completed: \_\_\_\_\_
11. Hike or Bike TOBIE Trail (Thendara-Old Forge Pond)- Easier route. // 2 miles one way.  
Date completed: \_\_\_\_\_
12. Hike or Bike TOBIE Trail (Old Forge Pond-Rondaxe Road)- Easier route. // 4 miles one way.  
Date completed: \_\_\_\_\_
13. Hike or Bike TOBIE Trail (Rondaxe Road-Eagle Bay Information & Rest Area)- Easier route. // 5 miles one way. Date completed: \_\_\_\_\_
14. Paddle the Moose River-Rondaxe Road to North Street Bridge- Easier, pleasant. Approximately 4 hours one way. Date completed: \_\_\_\_\_
15. Paddle the Moose River-North Street Bridge to Old Forge- Easier, pleasant. Approximately 4 hours one way. Requires one short carry. Date completed: \_\_\_\_\_
16. Paddle the Fulton Chain of Lakes: Old Forge and Inlet. Moderate-difficult. 10 miles one way.  
Date completed: \_\_\_\_\_